

Kaiser Permanente Member Resource Guide

Explore helpful resources and find in-network providers with the information below. These tools can help you access important Kaiser Permanente care options and provider details.

Kaiser HMO Plans

Explore Your Plan

Learn more about Kaiser Permanente care options, services, and member resources.

[Learn More About Kaiser Plans](#)

Find a Provider

Search for Kaiser Permanente doctors, specialists, facilities, and other participating providers.

[Search for a Provider](#)

Kaiser Dual Choice PPO Plans

Explore Your Plan

Review helpful resources available to Kaiser Dual Choice PPO members.

[View Dual Choice PPO Member Information](#)

Find a Provider

Learn how to search for doctors, specialists, facilities, and other providers available through the Dual Choice PPO networks. When searching, enter the providers name-not the facility name.

[Search for Dual Choice PPO Providers](#)

Kaiser PPO Plus Plans

Explore Your Plan

Review helpful resources available to Kaiser PPO Plus members.

[View PPO Plus Member Information](#)

Find a Provider

Learn how to search for doctors, specialists, facilities, and other providers available through the PPO Plus networks.

[Search for PPO Plus Providers](#)

Before You Receive Care

Provider participation may change. Before scheduling an appointment or receiving services, confirm that the provider participates in the network associated with your specific Kaiser plan.

For questions about your benefits, coverage, or network options, please refer to your plan documents or contact Kaiser at:

- HMO Members: 1-800-813-2000
- Dual Choice PPO Members: 1-866-616-0047
- PPO Plus Members: 1-866-616-0047